



Dear Colleagues, dear Friends,

After a very successful first European Lifestyle Medicine Congress in Switzerland, it is our privilege and honor to invite you to join us in Rome, Italy for the **2nd European Lifestyle Medicine Congress** that will take place from **8 to 10 November 2019** at the **Roma Eventi Fontana di Trevi**.

This meeting is intended to offer all of us an opportunity to share expert knowledge and to learn about cutting-edge topics as they pertain to Lifestyle Medicine.

As the saying goes 'All roads lead to Rome' and this second Congress will bring together delegates from all over the world providing an opportunity to share expert knowledge, to promote friendship and mutual understanding among our members and friends from all over the world and not to mention the chance to explore one of the most fascinating cities on the world.

The congress venue is Roma Eventi Fontana di Trevi, located in heart of Rome next to the main train station, near Colosseum and the historic and cultural areas.

The meeting will include a multitude of sessions, including interactive workshops with innovative topics. The scientific program will be soon on line, stay tuned.

We also believe that your active participation through the submission of your abstract so to share your knowledge or research findings can be a valuable input to the congress.

For regular updates, do not forget to regularly check the [congress' official website](#)

With the certainty that our hard work will lead to the organization of an outstanding scientific and educational congress,

We look forward to meeting you in Rome!

Stefania Ubaldi, MD, PhD
ELMO President

Ioannis Arkadianos, MD
ELMO Vice President

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Secretary General

Lilach Malatskey, MD
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